

TRAIL DO LOR 2019

- GENERAL ULTRA -

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	PARTEME IDA	MARGARIDE	PARTEME VOLTA	META	DIF 1º	RITMO
1	1	1	ARCA CASAL , FERNANDO	MALE	VET-A-M	CDM XESTEIRAS	00:52:21	03:24:45	06:15:37	07:29:41		07:02 min/Km
2	2	9	CANCELO BARBEITO , FERNANDO	MALE	VET-A-M	ARTABROS	00:58:55	03:57:57	06:58:14	08:06:59	+00:37:18	07:37 min/Km
3	1	21	GIL BERNARDEZ , JOSÉ MANUEL	MALE	ABSOLUTA-M	A CANUDA-AVIVA SPORT	00:59:28	03:47:36	06:44:51	08:07:03	+00:37:22	07:37 min/Km
4	2	5	ALONSO SAYAR , DANIEL	MALE	ABSOLUTA-M	C.A.R. MARISQUEIRO	00:59:24	03:53:21	06:55:47	08:09:37	+00:39:56	07:40 min/Km
5	3	41	PICOS REY , RAMÓN	MALE	VET-A-M	TRIBU TRAIL	01:00:57	03:58:37	07:01:35	08:27:16	+00:57:35	07:56 min/Km
6	3	43	PORTAL LOSADA , MIGUEL	MALE	ABSOLUTA-M		01:00:56	03:58:47	07:10:33	08:35:41	+01:06:00	08:04 min/Km
7	4	7	BREA RODRIGUEZ , IVAN	MALE	VET-A-M	BRIGANTIA AVENTURA	00:59:42	03:57:55	07:14:12	08:50:52	+01:21:11	08:18 min/Km
8	4	37	PEÑACOBIA DEL VAL , ALBERTO	MALE	ABSOLUTA-M	ZORRERAS RUNNING	01:02:05	04:09:13	07:22:56	08:52:24	+01:22:43	08:20 min/Km
9	5	16	ELOSUA CAPELLAN , JUAN	MALE	VET-A-M	TRIBU TRAIL	01:00:35	04:05:32	07:25:48	08:54:01	+01:24:20	08:21 min/Km
10	6	23	GONZALEZ CARPINTERO , JOSE ALBERTO	MALE	VET-A-M	LEON TRAIL	01:00:36	04:05:33	07:25:49	08:55:11	+01:25:30	08:22 min/Km
11	7	15	DIEZ SEDANO , MANUEL	MALE	VET-A-M	PROZIS ATHLETES	00:59:35	04:10:05	00:59:59	09:08:18	+01:38:37	08:35 min/Km
12	8	8	CABALEIRO CALVEIRO , MANUEL	MALE	VET-A-M	CDM XESTEIRAS	00:59:38	04:12:31	07:42:27	09:19:38	+01:49:57	08:45 min/Km
13	5	12	COSTAS VARELA , DAVID	MALE	ABSOLUTA-M	CLUB CANICROSS VIGO	01:02:41	04:30:22	08:01:38	09:38:42	+02:09:01	09:03 min/Km
14	9	4	ALCANTARA LORENZO , ALFREDO	MALE	VET-A-M	COUTADAS TRAIL TEAM	01:08:10	04:34:38	08:11:45	09:53:36	+02:23:55	09:17 min/Km
15	10	29	LAGO CASTRO , FERNANDO	MALE	VET-A-M	COUTADAS TRAIL TEAM	01:08:09	04:34:38	08:11:43	09:53:36	+02:23:55	09:17 min/Km
16	11	31	MIRAGAYA LÓPEZ , PABLO	MALE	VET-A-M	VIA LACTEA	01:00:58	04:25:26	08:12:58	10:05:11	+02:35:30	09:28 min/Km
17	6	55	SOUSA DOMINGUEZ , ADRIAN	MALE	ABSOLUTA-M	OBJETIVO TRAIL	01:03:46	04:30:20	08:13:02	10:06:34	+02:36:53	09:29 min/Km
18	7	27	IGLESIAS DURO , RAUL	MALE	ABSOLUTA-M	INDEPENDIENTE	01:08:00	04:46:25	08:28:02	10:13:49	+02:44:08	09:36 min/Km
19	12	56	TEIJEIRO LÓPEZ , PABLO	MALE	VET-A-M	CLUB TRIATLÓN CORUÑA	01:07:47	04:30:06	08:23:52	10:23:21	+02:53:40	09:45 min/Km
20	8	32	MONTERO ALVAREDO , LUIS	MALE	ABSOLUTA-M	RUNNING SARRIA	01:06:43	04:41:11	08:40:05	10:39:44	+03:10:03	09:50 min/Km
21	13	49	RODRIGUEZ NUÑEZ , LUIS	MALE	VET-A-M	COUTADAS TRAIL TEAM	01:12:05	04:57:16	09:01:08	10:41:36	+03:11:55	10:02 min/Km
22	1	48	RODRIGUEZ GARCIA , MIGUEL	MALE	VET-B-M	CARRERA MATA LLANA	01:15:33	05:08:59	08:54:11	10:42:40	+03:12:59	10:03 min/Km
23	1	51	RUBIO ÁLVAREZ , ANA BELÉN	FEMALE	VET-A-F	ASTURXANAS	01:15:20	05:14:48	09:09:07	11:01:45	+03:32:04	10:21 min/Km
24	14	52	SALVADOR FUENTES , TOMÁS	MALE	VET-A-M	PUENTECILLAS PALENCIA TRAIL	01:12:45	05:03:33	09:02:53	11:02:32	+03:32:51	10:22 min/Km
25	9	50	RODRÍGUEZ VILLANUEVA , JESUS JAVIER	MALE	ABSOLUTA-M	PUENTECILLAS PALENCIA TRAIL	01:12:38	05:03:34	09:02:55	11:02:33	+03:32:52	10:22 min/Km
26	15	45	REY SOUTO , JESÚS ENRIQUE	MALE	VET-A-M	TRAIL BOIMORTO-GMTA&CHUVONERS	01:18:05	05:15:48	09:27:28	11:17:05	+03:47:24	10:35 min/Km
27	16	13	CUEVAS , MIGUEL	MALE	VET-A-M	CAMIÑANTES DO CONDADO	01:07:37	05:02:06	09:21:57	11:20:06	+03:50:25	10:38 min/Km
28	10	24	GONZÁLEZ MONGES , LUIS MARIANO	MALE	ABSOLUTA-M	CAFÉS TOSCAF GMEA	01:11:06	05:01:41	09:19:48	11:23:35	+03:53:54	10:41 min/Km
29	17	35	MURADAS NUÑEZ , CARLOS	MALE	VET-A-M	BO	01:15:55	05:16:02	09:39:34	11:31:13	+04:01:32	10:49 min/Km
30	18	42	PIÑA TEIJEIRA , RAFAEL	MALE	VET-A-M	NTA-NEVER TRAIL ALONE	01:15:23	05:09:57	09:34:20	11:43:08	+04:13:27	10:50 min/Km
31	19	40	PÉREZ SANZ , CÁNDIDO	MALE	VET-A-M	LEON TRAIL	01:14:46	05:19:22	09:35:43	11:46:19	+04:16:38	11:03 min/Km
32	20	54	SOUSA CASTRO , JOAQUIN JOSÉ	MALE	VET-A-M	CARRERA MATA LLANA	01:15:32	05:16:28	09:36:55	11:53:53	+04:24:12	11:10 min/Km
33	2	61	MORAL PALOMAR , ANGEL	MALE	VET-B-M	TUERRA TRÀGAME	01:15:41	05:19:34	10:02:25	12:30:14	+05:00:33	11:44 min/Km
34	21	19	FERREIRA ABELLEIRA , JOSE MANUEL	MALE	VET-A-M	INDEPENDIENTE	01:17:59	05:48:05	10:22:33	12:31:57	+05:02:16	11:45 min/Km
35	11	22	GOMEZ SENRA , IVAN	MALE	ABSOLUTA-M		01:18:01	05:48:04	10:22:32	12:31:58	+05:02:17	11:45 min/Km
36	12	11	CASTRO MARTÍNEZ , ISRAEL	MALE	ABSOLUTA-M	COUTADAS TRAIL TEAM	01:16:31	05:45:51	10:28:26	12:39:28	+05:09:47	11:52 min/Km
37	22	57	VAZQUEZ SUAREZ , MANUEL	MALE	VET-A-M	COUTADAS TRAIL TEAM	01:16:31	05:45:51	10:28:24	12:39:29	+05:09:48	11:53 min/Km
38	3	44	POUSA FERNANDEZ , JOSE MANUEL	MALE	VET-B-M	RUNNING SPORT TRAIL	01:18:05	05:48:45	10:47:45	12:55:00	+05:25:19	12:07 min/Km
38	23	17	FERNÁNDEZ DOCASAR , ADOLFO	MALE	VET-A-M	RUNNING SPORT TRAIL OURENSE	01:18:03	05:48:47	10:47:39	12:55:00	+05:25:19	12:07 min/Km

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40	24	58	VEREA VAZQUEZ , LUIS	MALE	VET-A-M	TRAIL BOIMORTO	01:24:21	06:11:39	10:48:39	12:56:44	+05:27:03	12:09 min/Km
41	2	36	NOVOA BARBOSA , MONICA	FEMALE	VET-A-F	CASTRO-TRAIL	01:25:06	06:12:40	10:52:43	13:01:36	+05:31:55	12:13 min/Km
42	3	20	FORMOSO NOCEDA , TINA	FEMALE	VET-A-F	TRIBU TRAIL	01:25:07	06:12:40	10:52:49	13:01:36	+05:31:55	12:13 min/Km
43	4	59	VILA REY , JOSÉ JUAN	MALE	VET-B-M	CLUB ATLETISMO SADA MONTAÑA	01:19:27	05:52:45	10:52:50	13:01:50	+05:32:09	12:13 min/Km
44	25	10	CARRERA DE CASTRO , JORGE	MALE	VET-A-M	INDEPENDIENTE	01:18:04	05:49:22	10:47:41	13:08:08	+05:38:27	12:19 min/Km
45	13	34	MOREIRA RODAS , SALVADOR	MALE	ABSOLUTA-M	AROMON MONTAÑEIRO DE PONTEVEDRA AROELO	01:20:49	06:08:18	11:10:19	13:42:48	+06:13:07	12:52 min/Km
46	5	39	PEREIRO PUGA , FCO. JAVIER	MALE	VET-B-M	PEÑA TREVINCA	01:34:44	06:40:56	11:39:02	14:02:17	+06:32:36	13:10 min/Km