

TRAIL DO CASTELO 2019

16 FEBREIRO 2019

- GENERAL TRAIL -

GALITIMING
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CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	PARADASECA	META	DIF 1º	RITMO
1	1	500	GIL GARCÍA , ALFREDO	MALE	ABSOLUTA-M	PROZISATHLETE	01:48:17.097	02:17:30.150		05:31 min/Km
2	1	556	SABORIDO SOÑORA , SAMUEL	MALE	VET-A-M	CLUB TRIBU TRAIL	01:52:09.787	02:22:13.740	+00:04:43.590	05:42 min/Km
3	2	432	PASCUAL FIDALGO , MARCOS ANTONIO	MALE	ABSOLUTA-M	CASTRO-TRAIL	01:56:53.677	02:28:39.280	+00:11:09.130	05:57 min/Km
4	2	473	CALVO CES , ARMANDO	MALE	VET-A-M	TRIBU TRAIL	01:58:11.887	02:29:05.380	+00:11:35.230	05:58 min/Km
5	3	504	GONZALEZ , ALEX	MALE	ABSOLUTA-M	CDM XESTEIRAS	01:58:08.657	02:30:24.800	+00:12:54.650	06:01 min/Km
6	4	515	LESTÓN AGULLEIRO , MARTÍN	MALE	ABSOLUTA-M	A.D. JARNACHAS	02:00:37.097	02:31:10.863	+00:13:40.713	06:03 min/Km
7	3	414	DIZ LOPEZ , FRANCISCO	MALE	VET-A-M	GALLAECIA RAID	02:02:01.017	02:33:29.670	+00:15:59.520	06:09 min/Km
8	5	464	BARREIRO PEREZ , IVAN	MALE	ABSOLUTA-M	CDM XESTEIRAS	02:02:21.023	02:35:05.380	+00:17:35.230	06:13 min/Km
9	6	571	VILLAMOR ROIBÁS , ALBERTO	MALE	ABSOLUTA-M	CLUB DEPORTIVO ARZÚA	02:00:22.617	02:36:53.880	+00:19:23.730	06:17 min/Km
10	7	482	DE LAS HERAS PARDO , VICTOR	MALE	ABSOLUTA-M	CD PEÑAS ALTAS - TODOTORREZNO TEAM	01:55:15.417	02:38:49.600	+00:21:19.450	06:22 min/Km
11	4	486	DIEZ PEREIRA , SERAFIN	MALE	VET-A-M	CD RADIKAL TEAM	02:03:40.037	02:39:20.030	+00:21:49.880	06:23 min/Km
12	8	537	PEÑACOBIA DEL VAL , ALBERTO	MALE	ABSOLUTA-M	ZORRERAS RUNNING	02:05:29.517	02:40:05.300	+00:22:35.150	06:25 min/Km
13	9	410	CADAVEIRA RAMOS , ANTONIO	MALE	ABSOLUTA-M	O XALO OSCURO	02:03:37.157	02:41:14.620	+00:23:44.470	06:27 min/Km
14	10	469	BOUZAS GÓMEZ , SERGIO	MALE	ABSOLUTA-M	CLUB TRIBU TRAIL	02:06:18.507	02:41:28.820	+00:23:58.670	06:28 min/Km
15	1	577	DIAZ SANCHET , EDUARDO	MALE	NOCAT		02:09:37.607	02:41:51.410	+00:24:21.260	06:29 min/Km
16	5	570	VILELA PEREZ , ALFONSO	MALE	VET-A-M	AVIVA SPORT CLUB	02:09:32.967	02:42:55.510	+00:25:25.360	06:32 min/Km
17	11	401	AFONSO , PEDRO	MALE	ABSOLUTA-M	METASIMPOSIBLES.COM	02:11:32.707	02:44:12.570	+00:26:42.420	06:35 min/Km
18	6	488	ESMORIS FERNANDEZ , JULIO	MALE	VET-A-M		02:11:32.707	02:48:21.510	+00:30:51.360	06:45 min/Km
19	12	415	EIMIL VÁZQUEZ , ROBERTO	MALE	ABSOLUTA-M	CAV MONTAÑA	02:15:51.180	02:48:21.900	+00:30:51.750	06:45 min/Km
20	13	458	ALONSO NOGUEIRA , DAVID	MALE	ABSOLUTA-M	BRUTANZOS TEAM	02:10:52.577	02:48:28.240	+00:30:58.090	06:45 min/Km
21	1	444	RODRÍGUEZ GONZÁLEZ , RAMON	MALE	VET-B-M	KÓRPOREARENTEIRO TRAIL	02:16:24.957	02:48:40.140	+00:31:09.990	06:45 min/Km
22	7	446	ROMERO AGRA , NESTOR	MALE	VET-A-M		02:16:23.037	02:50:22.140	+00:32:51.990	06:49 min/Km
23	14	466	BEREJO NEBRIL , MOISES	MALE	ABSOLUTA-M		02:17:20.667	02:50:40.300	+00:33:10.150	06:50 min/Km
24	15	423	JANEIRO CERDEIRA , JAVIER	MALE	ABSOLUTA-M	KÓRPOREARENTEIRO TRAIL	02:16:30.000	02:52:29.590	+00:34:59.440	06:54 min/Km
25	16	447	SANAMRTIN REY , ISIDRO	MALE	ABSOLUTA-M	PC TIRAMILLAS	02:17:12.200	02:53:01.510	+00:35:31.360	06:56 min/Km
26	8	449	SOUTO GONZÁLEZ , JOSÉ ANTONIO	MALE	VET-A-M		02:17:21.547	02:54:39.900	+00:37:09.750	06:60 min/Km
27	2	543	PROL QUINTAS , JOSE	MALE	VET-B-M	PREFABRICADOS FEIJOO - GALITIMING	02:18:20.671	02:55:41.410	+00:38:11.260	07:02 min/Km
28	17	568	VÁZQUEZ SÁNCHEZ , PABLO	MALE	ABSOLUTA-M		02:16:12.000	02:57:08.050	+00:39:37.900	07:06 min/Km
29	9	471	BREIJO LÓPEZ , JOSÉ MANUEL	MALE	VET-A-M	13 SPIRIT	02:17:20.673	02:57:36.210	+00:40:06.060	07:07 min/Km
30	18	527	MOLDES FERNANDEZ , DIEGO	MALE	ABSOLUTA-M	CUETO DEL OSO	02:17:44.147	02:58:23.100	+00:40:52.950	07:09 min/Km
31	10	514	LARIA SAN MARTIN , RUBEN	MALE	VET-A-M	DUBRA TEAM	02:17:20.757	03:00:48.000	+00:43:17.850	07:14 min/Km
31	19	516	LESTÓN AGULLEIRO , RUBÉN	MALE	ABSOLUTA-M	INDEPENDIENTE	02:18:57.757	03:00:48.000	+00:43:17.850	07:14 min/Km
33	20	434	PEREIRA GUTIÉRREZ , EMILIO JOSÉ	MALE	ABSOLUTA-M	TRIBU TRAIL	02:17:00.777	03:03:52.410	+00:46:22.260	07:22 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	PARADASECA	META	DIF 1º	RITMO
34	21	509	IGLESIAS DOCAL , CÉSAR	MALE	ABSOLUTA-M	CLUB MONTEPENARUBIA LUGO	02:20:22.857	03:05:02.490	+00:47:32.340	07:25 min/Km
35	11	481	DE LA VEGA LÓPEZ , HUGO	MALE	VET-A-M	INDEPENDIENTE	02:22:25.717	03:05:27.387	+00:47:57.237	07:26 min/Km
36	22	475	CARBÓ ARGIBAY , ADÁN	MALE	ABSOLUTA-M	ASSISTENS SPORT	02:20:35.607	03:05:30.940	+00:48:00.790	07:26 min/Km
37	1	505	GONZÁLEZ GOCE , LAURA	FEMALE	ABSOLUTA-F		02:21:08.987	03:06:03.020	+00:48:32.870	07:27 min/Km
38	23	453	ABEAL FREIJOMIL , ALBERTO	MALE	ABSOLUTA-M	INDEPENDIENTE	02:21:33.467	03:07:47.430	+00:50:17.280	07:31 min/Km
39	2	528	MONTAVEZ LANGA , BELEN	FEMALE	ABSOLUTA-F	CD ASTURXANAS	02:27:57.187	03:08:01.350	+00:50:31.200	07:32 min/Km
40	12	455	ALONSO BALLESTEROS , JAVIER	MALE	VET-A-M		02:24:44.597	03:09:14.310	+00:51:44.160	07:35 min/Km
41	24	507	GONZÁLEZ MEIJIDE , LUIS	MALE	ABSOLUTA-M	RUNNING SPORT TRAIL	02:25:02.560	03:11:22.540	+00:53:52.390	07:40 min/Km
42	25	551	RODRÍGUEZ CRUZ , DANIEL	MALE	ABSOLUTA-M	A.D. ABELLARIZA / A.D. MEDIA DUCIA	02:24:35.627	03:12:23.030	+00:54:52.880	07:42 min/Km
43	13	460	ÁLVAREZ SOTO , JESÚS MARIANO	MALE	VET-A-M		02:24:09.897	03:13:57.080	+00:56:26.930	07:46 min/Km
44	14	480	CURROS CACHO , CARLOS	MALE	VET-A-M	BRIGANTIA AVENTURA	02:26:05.877	03:15:19.770	+00:57:49.620	07:49 min/Km
45	3	521	LOPEZ PRADA , JOSE MANUEL	MALE	VET-B-M	INDEPENDIENTE	02:25:58.277	03:15:56.730	+00:58:26.580	07:51 min/Km
46	15	450	SUÁREZ HERNÁNDEZ , JOSÉ MANUEL	MALE	VET-A-M	ULTRALIFETEAM	02:20:52.767	03:16:36.940	+00:59:06.790	07:52 min/Km
47	26	451	TORRES GIMÉNEZ , MIGUEL ANGEL	MALE	ABSOLUTA-M	CABUXASTOLAS	02:28:14.507	03:16:50.850	+00:59:20.700	07:53 min/Km
48	27	411	CASTRO FRAGA , FELIPE	MALE	ABSOLUTA-M	CLUB MONTEPENARUBIA	02:19:47.740	03:17:15.350	+00:59:45.200	07:54 min/Km
49	16	405	ÁLVAREZ ROMERO , JOSÉ ANTONIO	MALE	VET-A-M	CLUB CANICROSS VIGO	02:33:53.367	03:19:29.980	+01:01:59.830	07:59 min/Km
50	4	564	VALEBONA REFOJOS , MANUEL	MALE	VET-B-M	TRINORTH	02:32:44.737	03:19:42.220	+01:02:12.070	07:60 min/Km
51	28	441	RÍOS RODRÍGUEZ , RAMÓN	MALE	ABSOLUTA-M	INDEPENDIENTE	02:33:45.557	03:21:42.080	+01:04:11.930	08:05 min/Km
52	29	461	ANGERIZ FELIPEZ , VALENTIN	MALE	ABSOLUTA-M	CM LAXE	02:31:09.437	03:22:06.740	+01:04:36.590	08:06 min/Km
53	17	555	ROMERO VÁZQUEZ , JULIO	MALE	VET-A-M	MULTIDEPORTIVO LAXE	02:33:46.327	03:22:06.780	+01:04:36.630	08:06 min/Km
54	30	541	PÉREZ VEIGA , JOSÉ ADRIÁN	MALE	ABSOLUTA-M	TOXIZA CLUBE DE MONTAÑA	02:31:10.437	03:22:20.540	+01:04:50.390	08:06 min/Km
55	18	491	FERNÁNDEZ GARCÍA , RENATO R.	MALE	VET-A-M	GTR-GALAICO TRAIL RUN	02:31:07.367	03:22:37.720	+01:05:07.570	08:07 min/Km
56	31	562	VALCARCEL LOSADA , DAVID	MALE	ABSOLUTA-M	INDEPENDIENTE	02:33:34.557	03:25:28.840	+01:07:58.690	08:14 min/Km
57	32	526	MARTOS GÓMEZ , PABLO	MALE	ABSOLUTA-M	INDEPENDIENTE	02:34:18.257	03:26:13.220	+01:08:43.070	08:15 min/Km
58	33	431	MORANDEIRA MATA , DAVID	MALE	ABSOLUTA-M	A.D. JARNACHAS	02:36:11.097	03:26:15.760	+01:08:45.610	08:16 min/Km
59	19	572	VILLAR ESMORIS , LUIS	MALE	VET-A-M	A.D. JARNACHAS	02:38:21.377	03:28:03.270	+01:10:33.120	08:20 min/Km
60	34	565	VARELA SECO , MARCOS	MALE	ABSOLUTA-M	CLUB CICLISTA TERRAS DO EUME	02:34:46.007	03:28:17.680	+01:10:47.530	08:20 min/Km
61	20	448	SOBRINO RODRÍGUEZ , JOSÉ LUIS	MALE	VET-A-M	TRAIL ORIXES	02:39:01.967	03:29:52.660	+01:12:22.510	08:24 min/Km
62	35	544	PUENTE , LUIS ENRIQUE	MALE	ABSOLUTA-M	INDEPENDIENTE	02:34:30.887	03:30:21.990	+01:12:51.840	08:25 min/Km
63	36	474	CAO DE LA SIERRA , JAIME ÁNGEL	MALE	ABSOLUTA-M	INDEPENDIENTE	02:35:32.027	03:30:45.920	+01:13:15.770	08:26 min/Km
64	5	513	LAGE CAO , ANTONIO	MALE	VET-B-M		02:33:52.547	03:32:39.880	+01:15:09.730	08:31 min/Km
65	21	524	MARTÍNEZ MARTÍNEZ , MARCIAL	MALE	VET-A-M	CLUB CANICROSS VIGO	02:42:20.647	03:34:30.050	+01:16:59.900	08:35 min/Km
66	3	487	DIONISIO GONZALEZ , LAURA	FEMALE	ABSOLUTA-F	CD ASTURXANAS	02:35:33.897	03:35:14.410	+01:17:44.260	08:37 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	PARADASECA	META	DIF 1º	RITMO
67	37	554	RODRIGUEZ RODRIGUEZ , JOSE ALVARO	MALE	ABSOLUTA-M		02:44:02.407	03:36:52.900	+01:19:22.750	08:41 min/Km
68	22	443	RODRÍGUEZ ALDAO , ROBERTO	MALE	VET-A-M	A.D. JARNACHAS	02:43:29.527	03:38:14.540	+01:20:44.390	08:44 min/Km
69	38	437	PÉREZ SANTOS , ADRIÁN	MALE	ABSOLUTA-M	INDEPENDIENTE	02:42:07.777	03:38:35.550	+01:21:05.400	08:45 min/Km
70	23	536	PENA LAGE , CÁNDIDO GIL	MALE	VET-A-M	P.C. SANTA MARTA DE ORTIGUEIRA	02:43:50.117	03:39:13.760	+01:21:43.610	08:47 min/Km
71	39	561	SOUTO PAEZ , ALBERTO	MALE	ABSOLUTA-M	P.C. SANTA MARTA DE ORTIGUEIRA	02:46:32.747	03:39:14.160	+01:21:44.010	08:47 min/Km
72	4	563	VALDEPEÑAS GALAN , MONICA	FEMALE	ABSOLUTA-F	ASTURXANAS	02:44:37.737	03:41:32.170	+01:24:02.020	08:52 min/Km
73	24	465	BASALO DA ROCHA , JUAN PABLO	MALE	VET-A-M	#ROKAS RUNNERS	02:43:29.837	03:43:22.520	+01:25:52.370	08:57 min/Km
74	25	567	VAZQUEZ RIVERA , MARCOS	MALE	VET-A-M		02:48:43.847	03:43:42.790	+01:26:12.640	08:57 min/Km
75	6	412	CENDÓN DIZ , LUCIANO	MALE	VET-B-M	KÓRPORE ARENTEIRO TRAIL	02:44:07.587	03:45:03.430	+01:27:33.280	09:01 min/Km
76	40	438	PRIETO REY , DIEGO	MALE	ABSOLUTA-M	CLUB MONTAÑA O CAXADO	02:34:48.497	03:46:19.690	+01:28:49.540	09:04 min/Km
77	26	489	FARALDO VALLÉS , ANDRÉS	MALE	VET-A-M	CLUB DE MONTAÑA DE TRIVES	02:46:11.397	03:49:40.570	+01:32:10.420	09:12 min/Km
78	41	419	FERNÁNDEZ RODRÍGUEZ , ALBERTO	MALE	ABSOLUTA-M		02:47:26.907	03:49:57.350	+01:32:27.200	09:12 min/Km
79	27	484	DIAZ CALVIÑO , MIGUEL ANGEL	MALE	VET-A-M	BOX 001 RUNMANIAK OURENSE	02:48:26.217	03:50:55.800	+01:33:25.650	09:15 min/Km
80	7	529	MOURE RODRIGUEZ , JOSÉ MANUEL	MALE	VET-B-M		02:47:35.897	03:51:23.920	+01:33:53.770	09:16 min/Km
81	28	569	VIDAL VALLE , JUAN	MALE	VET-A-M	KALENTADAS TRAIL RUNNING	02:47:36.117	03:52:03.060	+01:34:32.910	09:17 min/Km
82	8	478	COELLO RODRIGUEZ , GUILLERMO	MALE	VET-B-M	TRINORTH	02:48:26.397	03:53:00.750	+01:35:30.600	09:20 min/Km
83	42	493	FERNÁNDEZ OCHOA , ÁNGEL	MALE	ABSOLUTA-M	TOXIZA CLUBE DE MONTAÑA	03:02:07.647	03:53:11.723	+01:35:41.573	09:20 min/Km
84	43	439	RAMIL RAMIL , JULIAN	MALE	ABSOLUTA-M		03:02:08.987	03:55:05.900	+01:37:35.750	09:25 min/Km
85	5	497	GARCIA GIL , LORENA	FEMALE	ABSOLUTA-F	TODO VERTICAL	02:59:38.877	03:55:13.740	+01:37:43.590	09:25 min/Km
86	29	459	ALVAREZ ENRIQUEZ , ALFONSO	MALE	VET-A-M	ENDORFINA T.R.B.	02:59:37.897	03:55:49.650	+01:38:19.500	09:26 min/Km
87	9	546	PUJALTE VIDAL , JOSÉ	MALE	VET-B-M	INDEPENDIENTE	02:58:57.587	03:56:51.950	+01:39:21.800	09:29 min/Km
88	44	540	PÉREZ SANTOS , DIEGO	MALE	ABSOLUTA-M	BRIGANTIA AVENTURA	02:59:07.027	03:56:52.380	+01:39:22.230	09:29 min/Km
89	30	452	VALLADARES , OSCAR	MALE	VET-A-M	ENDORFINA T.R.B.	02:59:06.010	04:00:01.980	+01:42:31.830	09:37 min/Km
90	10	522	LORENZO VILAR , JOSÉ MANUEL	MALE	VET-B-M	A.M.E. BESTARRUZA	02:59:46.887	04:00:05.460	+01:42:35.310	09:37 min/Km
91	45	408	BARREIRO GONZÁLEZ , JORGE	MALE	ABSOLUTA-M	INDEPENDIENTE	03:08:41.947	04:00:36.130	+01:43:05.980	09:38 min/Km
92	31	429	MONJE GARCIA , RICARDO	MALE	VET-A-M	CAMIÑANTES DO CONDADO	03:05:24.537	04:00:59.640	+01:43:29.490	09:39 min/Km
93	46	517	LOMBAO BLANCO , ALEJANDRO	MALE	ABSOLUTA-M	MONTEPENARUBIA LUGO	03:00:31.457	04:00:59.850	+01:43:29.700	09:39 min/Km
94	32	510	INFANTE FERNÁNDEZ , AGUSTÍN	MALE	VET-A-M	INDEPENDIENTE	03:03:51.787	04:02:18.750	+01:44:48.600	09:42 min/Km
95	33	533	ODRIOZOLA CHENE , TXEMA	MALE	VET-A-M		03:03:53.037	04:03:19.830	+01:45:49.680	09:44 min/Km
96	34	476	CASADO SERNA , DAVID	MALE	VET-A-M	ALPINO VENTOSO	03:05:25.617	04:03:19.850	+01:45:49.700	09:44 min/Km
97	35	548	RATOEIRA BASANTA , MOISES	MALE	VET-A-M	TOXIZA CLUBE DE MONTAÑA	03:05:27.667	04:04:48.910	+01:47:18.760	09:48 min/Km
98	47	503	GÓMEZ MARTÍNEZ , ALFONSO	MALE	ABSOLUTA-M	TOXIZA CLUBE DE MONTAÑA	03:08:24.800	04:04:49.150	+01:47:19.000	09:48 min/Km
99	11	519	LÓPEZ LÓPEZ , ELISEO	MALE	VET-B-M	CAV MONTAÑA	03:05:45.247	04:08:56.090	+01:51:25.940	09:58 min/Km

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100	36	542	PRIETO RAMUDO , FELIPE	MALE	VET-A-M	CLUBE ATLETISMO VILALBA	03:06:06.957	04:08:56.180	+01:51:26.030	09:58 min/Km
101	48	531	NOGUEIRA SALGUEIRO , MARTIN	MALE	ABSOLUTA-M	INDEPENDIENTE	03:11:03.907	04:09:04.850	+01:51:34.700	09:58 min/Km
102	37	499	GARCÍA RODRÍGUEZ , WENCESLAO	MALE	VET-A-M	KALENTADAS TRAIL RUNNING	03:04:06.967	04:09:15.370	+01:51:45.220	09:59 min/Km
103	38	518	LÓPEZ , DOMINGO	MALE	VET-A-M	CLUBE ATLETISMO BOIMORTO	03:09:21.857	04:09:24.590	+01:51:54.440	09:59 min/Km
104	39	495	FRANCO , ANTONIO	MALE	VET-A-M	OS FINOS	03:09:17.407	04:09:36.040	+01:52:05.890	09:60 min/Km
105	40	407	ATANES IGLEISAS , JOSÉ ALBERTO	MALE	VET-A-M	RUN CARBALLIÑO	03:05:24.247	04:14:48.200	+01:57:18.050	10:12 min/Km
106	12	456	ALONSO CASUSCELLI , JORGE	MALE	VET-B-M	A.D. JARNACHAS	03:06:13.997	04:15:05.850	+01:57:35.700	10:13 min/Km
107	13	403	ALONSO MARTÍNEZ , JOSE MANUEL	MALE	VET-B-M	OURUN-CAFES LAS ANTILLAS CAMPOS	03:08:18.987	04:16:32.750	+01:59:02.600	10:16 min/Km
108	1	442	RIVEIRO GOMEZ , DORA	FEMALE	VET-A-F	KÓRPORE ARENTEIRO TRAIL	03:15:41.377	04:16:32.810	+01:59:02.660	10:16 min/Km
109	6	11	FERNÁNDEZ YAÑEZ , SANDRA	FEMALE	ABSOLUTA-F	CDM XESTEIRAS	03:15:41.607	04:17:08.990	+01:59:38.840	10:18 min/Km
110	7	421	FERNÁNDEZ YAÑEZ , NURIA	FEMALE	ABSOLUTA-F	CDM XESTEIRAS	03:18:26.557	04:17:09.210	+01:59:39.060	10:18 min/Km
111	14	420	FERNÁNDEZ RODRÍGUEZ , MIGUEL ÁNGEL	MALE	VET-B-M	TROTADAS VALDEORRAS	03:18:12.937	04:17:16.690	+01:59:46.540	10:18 min/Km
112	15	494	FERNANDEZ VARELA , JESUS	MALE	VET-B-M	CLUB ATLETISMO CHANTADA	03:18:26.397	04:17:33.930	+02:00:03.780	10:19 min/Km
113	41	462	ANSOAR SAMPAYO , JOSÉ	MALE	VET-A-M	A.C.E.D.O. CARBALLO	03:18:13.197	04:17:33.970	+02:00:03.820	10:19 min/Km
114	2	479	CURIEL MIRANDA , MARIA JOSE	FEMALE	VET-A-F	C.D.A.ESPARTANOS DE TALAVERA DE LA REINA	03:07:53.447	04:18:38.220	+02:01:08.070	10:21 min/Km
115	3	406	ANDRADE FANDIÑO , LETICIA	FEMALE	VET-A-F	INDEPENDIENTE	03:16:45.557	04:18:41.230	+02:01:11.080	10:21 min/Km
116	4	428	MELLA SEIJIDO , MARTA	FEMALE	VET-A-F	INDEPENDIENTE	03:16:40.367	04:19:02.710	+02:01:32.560	10:22 min/Km
117	49	532	NOVO BUJEIRO , JAVIER	MALE	ABSOLUTA-M	TERRA DE SONEIRA CD	03:16:16.677	04:20:28.050	+02:02:57.900	10:26 min/Km
118	50	467	BLANCO TRABA , MIGUEL	MALE	ABSOLUTA-M	OLIMPIA	03:15:20.157	04:20:28.100	+02:02:57.950	10:26 min/Km
119	51	511	INSUA DIAZ , RUBEN	MALE	ABSOLUTA-M	ATLETISMO SAR VERMU PETRONI	03:18:11.407	04:20:28.140	+02:02:57.990	10:26 min/Km
120	42	545	PUJALES GONZÁLEZ , JUAN MANUEL	MALE	VET-A-M	COUTADAS TRAIL TEAM	03:15:36.437	04:22:12.680	+02:04:42.530	10:30 min/Km
121	43	547	RAMOS ALONSO , VICTOR	MALE	VET-A-M	TOXIZA CLUBE DE MONTAÑA	03:17:26.987	04:22:25.970	+02:04:55.820	10:30 min/Km
122	44	402	ALBA BLANCO , JOSE RAMON	MALE	VET-A-M	RUNNING SPORT TRAIL	03:14:17.877	04:23:39.860	+02:06:09.710	10:33 min/Km
123	52	440	RAMOS LÓPEZ , MIGUEL	MALE	ABSOLUTA-M	RUNNING SPORT TRAIL	03:15:42.507	04:23:40.000	+02:06:09.850	10:33 min/Km
124	8	506	GONZÁLEZ MEIJIJE , ELENA	FEMALE	ABSOLUTA-F	RUNNING SPORT TRAIL	03:15:44.467	04:24:14.090	+02:06:43.940	10:35 min/Km
125	53	483	DE SAA SEARA , ADRIÁN	MALE	ABSOLUTA-M	RUNNING SPORT TRAIL	03:17:33.957	04:24:43.863	+02:07:13.713	10:36 min/Km
126	16	435	PÉREZ CONDE , ANTONIO	MALE	VET-B-M		03:21:36.577	04:29:02.010	+02:11:31.860	10:46 min/Km
127	1	552	RODRÍGUEZ GALLEGO , ELIA	FEMALE	VET-B-F	A.D. JARNACHAS	03:21:38.057	04:32:56.590	+02:15:26.440	10:56 min/Km
128	5	409	BARRIENTOS HERRERO , NOEMI	FEMALE	VET-A-F		03:31:51.797	04:38:34.820	+02:21:04.670	11:09 min/Km
129	6	559	SANTOS MORALES , SUSAN	FEMALE	VET-A-F	INDEPENDIENTE	03:31:55.127	04:38:34.920	+02:21:04.770	11:09 min/Km
130	45	535	PALACIOS REY , HUMBERTO	MALE	VET-A-M	TOXIZA CLUBE DE MONTAÑA	03:36:13.807	04:38:38.180	+02:21:08.030	11:09 min/Km
131	54	512	JUCA PESÁNTEZ , ANDRÉS	MALE	ABSOLUTA-M	INDEPENDIENTE	03:35:01.027	04:40:47.760	+02:23:17.610	11:14 min/Km
132	46	530	MUÍÑO GARCÍA , PABLO	MALE	VET-A-M	INDEPENDIENTE	03:35:01.717	04:42:39.400	+02:25:09.250	11:19 min/Km

TRAIL DO CASTELO 2019

- GENERAL TRAIL -

16 FEBREIRO 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	PARADASECA	META	DIF 1º	RITMO
133	55	418	FARO , XOSE	MALE	ABSOLUTA-M	ORIXES MONDARIZ	03:30:44.777	04:42:39.780	+02:25:09.630	11:19 min/Km
134	17	454	ALCAIDE FLORES , JOSE CARLOS	MALE	VET-B-M	C.D.A.ESPARTANOS DE TALAVERA DE LA REINA	03:38:44.577	04:42:59.610	+02:25:29.460	11:20 min/Km
135	47	463	BARRAL BARRAL , JAVIER	MALE	VET-A-M	CLUB ATLETISMO SADA MONTAÑA	03:39:21.527	04:43:55.180	+02:26:25.030	11:22 min/Km
136	56	417	ESPIÑEIRA QUINTAS , ADRIÁN	MALE	ABSOLUTA-M	INDEPENDIENTE	03:39:15.437	04:59:55.180	+02:42:25.030	11:60 min/Km
137	48	422	FREIXEDO QUINTELA , OSCAR	MALE	VET-A-M	INDEPENDIENTE	03:39:15.127	04:59:57.340	+02:42:27.190	11:60 min/Km
138	2	496	GALLEGO VILLASENÍN , COVADONGA	FEMALE	VET-B-F	CLUB ATLETISMO SADA MONTAÑA	03:39:15.267	05:04:03.220	+02:46:33.070	12:10 min/Km
139	49	468	BOLADO SAN MARTÍN , ENRIQUE	MALE	VET-A-M	TOXIZA CLUBE DE MONTAÑA	03:50:09.423	05:06:36.470	+02:49:06.320	12:16 min/Km
140	50	425	LÓPEZ RODRÍGUEZ , JOSÉ LUIS	MALE	VET-A-M		03:47:15.997	05:28:07.640	+03:10:37.490	13:08 min/Km
141	9	427	MATUTE PELLICER , RAQUEL	FEMALE	ABSOLUTA-F	INDEPENDIENTE	04:12:39.967	05:30:17.490	+03:12:47.340	13:13 min/Km
142	18	433	PEÑA VEGA , RAFAEL	MALE	VET-B-M	INDEPENDIENTE	04:16:39.967	05:46:23.700	+03:28:53.550	13:52 min/Km